January 2027
School Holiday Program

Dear Families,

Thank you for expressing an interest in attending the V**MCH School Holiday Program for January 2027.**

We are excited to offer you a variety of programs suited to individual goals and outcomes during the school holidays. On the reverse side of this page is a list of the programs that you can choose from.

Please discuss with staff if pickup or drop off to your home is needed or your child would require 1:1 supports, this is an option for all NDIS participants.

Town	Location	Pickup	Dropoff
Wangaratta	22 Rowan Street, enter via Baker Street	8.30-9am	2.30-3pm

Why is there a fee for activities?

We are required to charge families a minimal contribution fee. These out-of-pocket costs help cover expenses such as entry fees, activity supplies, and the extra touches that make our programs special, which are not covered by the NDIS.

What does my child need to bring?

- Lunch, snacks and drink bottle (labelled) for each day
- Suitable outdoor clothing for park play
- Appropriate shoes for walking and sports play
- Any assisted technology equipment (mobility, communication, technology etc) that your child requires.

Cost Per Day (Out-of-Pocket)
Activities $10 per day
Camp $40 per night

Please choose the days you want to come along to and **return this form by Friday 11 December 2026.**

Medication Requirements

- A Medication Authority form is required if your child takes medication and will need VMCH to administer it during the program or camp
- Webster pack or original packaging must include a pharmacy label with the patient's name and dosage
- Medications MUST be provided to staff upon arrival to the program.

If you require further information or have any questions, please do not hesitate to contact our team.

We look forward to seeing you there!

Program contact: Taylor Boman
Email: taylor.boman@vmch.com.au
Phone: 0419 530 920

Week 1	Activity	Goals and outcomes	Please tick
Monday 04/01/27	Wodonga Waves	Goals: • Build confidence through water based activities • Improve coordination and movement in the water • Increase social interaction with peers.	☐
Tuesday 05/01/27	Bounce Wodonga	Goals: • Build confidence through active play • Improve balance and coordination • Increase social interaction with peers.	☐
Wednesday 06/01/27	Corowa Chocolate Factory	Goals: • Develop hygiene and food safety skills • Increase listening and following instructions.	☐
Thursday 07/01/27	Wangaratta Scavenger Hunt	Goals: • Increase individual awareness of team activities and aware of their surrounding environment • Develop independence when navigating community outing.	☐
Friday 08/01/27	Cooking and Baking Day (VMCH program rooms)	Goals: • Develop hygiene and food safety skills • Develop life skills	☐

Week 2	Activity	Goals and outcomes	Please tick
Monday 11/01/27	Wodonga Bowling	**Goals:** • Improve coordination through aiming and rolling activities • Build confidence while participating in group sports.	☐
Tuesday 12/01/27	Aqua Moves Shepparton	**Goals:** • Build confidence through water-based activities • Improve coordination and movement in the water.	☐
Wednesday 13/01/27	Waterfall Seeking	**Goals:** • Develop confidence in exploring new environments • Enhance sensory engagement through new experiences.	☐
	Phillip Island Camp - Day 1	**Penguin Parade**	☐
Thursday 14/01/27	Mansfield Mini Golf	**Goals:** • Improve coordination through aiming and hitting activities • Build confidence while participating in group sports.	☐
	Phillip Island Camp - Day 2	**Phillip Island Wildlife Park**	☐
Friday 15/01/27	Cooking and Baking Day (VMCH program rooms)	**Goals:** • Develop hygiene and food safety skills • Develop life skills	☐
	Phillip Island Camp - Day 3	**Day at the beach and return home**	☐

Week 3	Activity	Goals and outcomes	Please tick
Monday 18/01/27	Melbourne Museum (Extended day)	Goals: • Build confidencein exploring new environments • Enhance sensory engagement through new experiences • Increase social interaction with peers.	☐
Tuesday 19/01/27	Berry Picking (Beechworth)	Goals: • Develop fine motor skills and patience through engaging hands-on activities • Increase social interaction with peers.	☐
Wednesday 20/01/27	Laser Tag (Shepparton)	Goals: • Increase confidence in a fun, competitive environment • Strengthen gross motor coordination through physical play • Increase social interaction with peers.	☐
Thursday 21/01/27	Albury Pool	Goals: • Build confidence through water-based activities • Improve coordination and movement in the water • Increase social interaction with peers.	☐
Friday 22/01/27	Bright Splash Park and Sausage Sizzle	Goals: • Encourage participation in community and outdoor recreational activities.	☐

Risk Acknowledgement and Consent School Holiday Program - January 2027

Dear Families,

The School Holiday Program offers fun, engaging, and meaningful activities that support social connection, independence, confidence, and enjoyment during the school holidays. Activities may include community outings, sports and recreation, craft, cooking, excursions, overnight camps, and other appropriate experiences tailored to participants' interests and abilities.

While VMCH takes all reasonable steps to ensure the safety and wellbeing of participants,

involvement in programming activities may involve some inherent risk. These may include minor injuries, accidents, transport-related risks, environmental exposure, or changes in routine that may impact emotional or physical wellbeing. All activities are planned with appropriate supervision, risk assessments, and safety support; however, risk cannot be eliminated in group and community-based programs.

By signing this form, you acknowledge that you have been informed about the program and understand the potential risks involved. You consent to your child/participant participating in all program activities, including overnight camps (where applicable), community outings, and transport arrangements.

You agree to provide VMCH with all relevant documentation before the commencement of the program, including Behavior Support Plans, medication authority forms, and health management plans (e.g., Asthma Management Plan), and to notify VMCH of any updates or changes that may impact safe participation.

You also consent to VMCH staff seeking medical assistance for your child/participant in the event of an emergency.

You also agree to pay the out-of-pocket expenses outlined in your quote.

We encourage families to raise any questions or concerns with the program coordinator before commencement. We look forward to a safe, inclusive, and enjoyable School Holiday Program.

Acknowledgement and Consent

I have read and understood the information above and provide my consent for my child/participant to take part in the School Holiday Program under the conditions outlined.

Participant Name: _____

Parent/Guardian Name: _____

Signature:_____

Date: _____