

September School Holiday Program

VMCH

Dear Families,

Thank you for expressing an interest in attending the **VMCH School Holiday Program for September 2026**.

We are excited to offer you a variety of programs suited to individual goals and outcomes during the school holidays. On the reverse side of this page is a list of the programs that you can choose from.

Please discuss with staff if pickup or drop off to your home is needed or your child would require 1:1 supports, this is an option for all NDIS participants.

Town	Location	Pickup	Dropoff
Wangaratta	22 Rowan Street, enter via Baker Street	8.30-9am	2.30-3pm

Why is there a fee for activities?

We are required to charge families a minimal contribution fee. These out-of-pocket costs help cover expenses such as entry fees, activity supplies, and the extra touches that make our programs special, which are not covered by the NDIS.

What does my child need to bring?

- A cut lunch, snacks and drink bottle (labelled) for each day
- Suitable outdoor clothing for park plays
- Appropriate shoes for walking and sports play
- Any assisted technology equipment (mobility, communication, technology etc) that your child requires.

Cost Per Day (Out-of-Pocket)

Activities \$10 per day

Camp \$40 per night

Please choose the days you want to come along to and **return this form by Friday 11 September 2026**.

Medication Requirements

- A Medication Authority form is required if your child takes medication and will need VMCH to administer it during the program or camp
- Webster pack or original packaging must include a pharmacy label with the patient's name and dosage
- Medications **MUST** be provided to staff upon arrival to the program.

If you require further information or have any questions, please do not hesitate to contact our team.

We look forward to seeing you there!

Program contact: Taylor Boman
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NDIS
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Week 1	Activity	Goals and outcomes	Please tick
Monday 21/09/26	Bounce Wodonga	Goals: • Build confidence through active play • Improve balance and coordination • Increase social interaction with peers.	☐
Tuesday 22/09/26	Aqua Moves Shepparton	Goals: • Build confidence through water-based activities • Improve coordination and movement in the water.	☐
Wednesday 23/09/26	Cooking day and bushwalking	Goals: • Develop hygiene and food safety skills • Explore nature and increase resilience and teamwork.	☐
Thursday 24/09/26	Football Sport Day	Goals: • To increase resilience, sportsmanship and relationship building.	☐
Friday 25/09/26	Public Holiday (No program)		

Week 2	Activity	Goals and outcomes	Please tick
Monday 28/09/26	Laser Tag Shepparton	Goals: • Increase confidence in a fun, competitive environment.	☐
Tuesday 29/09/26	Flyaway Gymnastics	Goals: • Physical activities for developing physical strength, confidence and resilience.	☐
Wednesday 30/09/26	Brookfield Maze	Goals: • Develop confidence in exploring new environments • Enhance sensory engagement through new experiences.	☐
Thursday 01/10/26	Wodonga Bowling	Goals: • Improve coordination through aiming and rolling activities • Build confidence while participating in group sports.	☐
Friday 02/10/26	Cinema Day	Goals: • Develop independence when navigating community outing.	☐

Risk Acknowledgement and Consent

School Holiday Program - September 2026

Dear Families,

The School Holiday Program offers fun, engaging, and meaningful activities that support social connection, independence, confidence, and enjoyment during the school holidays. Activities may include community outings, sports and recreation, craft, cooking, excursions, overnight camps, and other appropriate experiences tailored to participants' interests and abilities.

While VMCH takes all reasonable steps to ensure the safety and wellbeing of participants,

involvement in programming activities may involve some inherent risk. These may include minor injuries, accidents, transport-related risks, environmental exposure, or changes in routine that may impact emotional or physical wellbeing. All activities are planned with appropriate supervision, risk assessments, and safety support; however, risk cannot be eliminated in group and community-based programs.

By signing this form, you acknowledge that you have been informed about the program and understand the potential risks involved. You consent to your child/participant participating in all program activities, including overnight camps (where applicable), community outings, and transport arrangements.

You agree to provide VMCH with all relevant documentation before the commencement of the program, including Behavior Support Plans, medication authority forms, and health management plans (e.g., Asthma Management Plan), and to notify VMCH of any updates or changes that may impact safe participation.

You also consent to VMCH staff seeking medical assistance for your child/participant in the event of an emergency.

You also agree to pay the out-of-pocket expenses outlined in your quote.

We encourage families to raise any questions or concerns with the program coordinator before commencement. We look forward to a safe, inclusive, and enjoyable School Holiday Program.

Acknowledgement and Consent

I have read and understood the information above and provide my consent for my child/participant to take part in the School Holiday Program under the conditions outlined.

Participant Name: _____

Parent/Guardian Name: _____

Signature: _____

Date: _____