

September School Holiday Program



Dear Families,

Thank you for expressing an interest in attending the VMCH School Holiday Program for September. We are excited to offer you a variety of programs suited to individual goals and outcomes during the school holidays. On the other side of the page is a list of the programs that you can choose from. Please discuss with staff if pickup or drop off to your home is needed or your child would require 1:1 supports, this is an option for all NDIS participants. Please ensure you sign your child in and out of program every morning and afternoon.

Town	Location	Pickup	Dropoff
Wangaratta	22 Rowan Street, enter via Baker Street	8.30am	3pm

Why is there a fee for activities?

We are required to charge a minimal contribution fee to families. These out-of-pocket cost help with expenses including entry fees, activity supplies and all the extra sparkle in programs that is not covered by the NDIS. If you are experiencing financial hardship, please contact us.

What does my child need to bring?

- A cut lunch, snacks and drink bottle (labelled) for each day
- Suitable outdoor clothing for park plays including wet weather and snow day (jackets)
- Appropriate shoes for walking and sports play
- Any assisted technology equipment (mobility, communication, technology etc) that your child requires.

Cost Per Day			
1 Day	\$10	6 Days	\$60
2 Days	\$20	7 Days	\$70
3 Days	\$30	8 Days	\$80
4 Days	\$40	9 Days	\$90
5 Days	\$50	10 Days	\$100
Camp \$40 per night			

Please choose the days you want to come along to and **return this form by Friday 5 September 2025.**

Medication Requirements

- A Medication Authority form is required if your child takes medication and will need VMCH to administer it during the program or camp
- Webster pack or original packaging must include a pharmacy label with the patient's name, dosage, and administration instructions that match the Medication Authority form
- Medications MUST be provided to staff upon arrival to the program.

Please note: This is an expression of interest form and is subject to availability. Confirmation of attendance each day will be given prior to the beginning of the holidays.

If you require further information or have any questions, please do not hesitate to contact our team.

We look forward to seeing you there!

Kind regards,
Bella Jarvis

Email: bella.jarvis@vmch.com.au
Please Add (School Holiday Program) in the subject line.

Week 1	Activity	Goals and outcomes	Please tick
Monday 22/09/25	Eurobin Falls Nature Walks- Mount Buffalo	Goals: <ul style="list-style-type: none"> Promote physical activity and mindfulness in a peaceful natural outdoor environment Foster environmental awareness by exploring the local ecosystem Build social interaction and peer connections. Outcomes: <ul style="list-style-type: none"> Participants develop navigation and critical thinking skills Increased engagement in group activities Positive interactions and shared experiences. 	
Tuesday 23/09/25	Movie day at Corowa Cinemas	Goals: <ul style="list-style-type: none"> Create a relaxed, inclusive space Encourage connection and enjoyment Support emotional wellbeing and community engagement. Outcomes: <ul style="list-style-type: none"> Participants feel welcome and connected Increased social interaction and enjoyment Stronger sense of belonging and wellbeing. 	
Wednesday 24/09/25	Sports program day! Dress up as your favourite sporting player	Goals: <ul style="list-style-type: none"> Promote physical activity, coordination, and fun in a supportive environment Encourage confidence and social interaction through movement and play Outcomes: <ul style="list-style-type: none"> Improved physical health and coordination Increased confidence and positive group engagement through active experiences. 	
Thursday 25/09/25	Flying Fruit Fly Circus day Albury	Goals: <ul style="list-style-type: none"> Inspire creativity, confidence, and physical expression through circus arts Encourage coordination and teamwork in a fun, inclusive setting. Outcomes: <ul style="list-style-type: none"> Participants build skills, confidence, and social connections Increased enjoyment and creative expression through performance. 	
Friday 26/09/25	Public Holiday (No program)		

Week 2	Activity	Goals and outcomes	Please tick
Monday 29/09/25	Brookfield Maze	Goals: <ul style="list-style-type: none"> Promote teamwork, problem-solving, and outdoor exploration Provide a fun, interactive space for skill-building. Outcomes: <ul style="list-style-type: none"> Improved navigation, confidence, and communication. Strengthened teamwork and critical thinking through outdoor challenges. 	
Tuesday 30/09/25	Inflatable Funhouse	Goals: <ul style="list-style-type: none"> Promote physical activity and gross motor development Build confidence in trying new activities. Outcomes: <ul style="list-style-type: none"> Improved fitness and motor skills Positive attitudes toward active play. 	
Wednesday 01/10/25	Aqua Moves Shepparton	Goals: <ul style="list-style-type: none"> Promote water safety awareness Encourage physical fitness through aquatic activities. Outcomes: <ul style="list-style-type: none"> Participants engage in safe water play. 	
Thursday 02/10/25	Campers- Jumpz Trampoline Park Bendigo	Goals: <ul style="list-style-type: none"> Promote movement, coordination, and fun Build confidence and social interaction. Outcomes: <ul style="list-style-type: none"> Improved physical skills and confidence Positive social engagement. 	
	Day Group - Red Stag Deer Farm and Mosaic Trail Myrtleford	Goals: <ul style="list-style-type: none"> Foster nature connection, creativity, and sensory play. Outcomes: <ul style="list-style-type: none"> Increased relaxation, curiosity, and social interaction. 	
CAMP 02/10 - 03/10	Bendigo CAMP	Goals: <ul style="list-style-type: none"> Develop independence build self-reliance through managing personal belongings and participating in camp's task. 	
Friday 03/10/25	Camp group- Science Works Bendigo	Goals: <ul style="list-style-type: none"> Promote physical activity, coordination, and fun Spark curiosity and engagement with science and technology whilst having fun. Outcomes <ul style="list-style-type: none"> Enhanced fitness and motor skills Improved problem-solving and creative thinking. 	
	Echuca Gravity Shack Day group extended till 4pm		